

TUNBRIDGE WELLS U3A NEWSLETTER

September 2020



LEARN, LAUGH, LIVE

CHAIRMAN'S UPDATE

After days of searing heat, Autumn now seems to have come early. As the days get colder and the evenings shorter, it is going to be more difficult for those of you who are meeting outside to continue to do so. The updated Groups Listing which you will receive this month, shows which groups are endeavouring to keep in touch in some way, so it would be worth enquiring if you are interested in joining.

Many of you are already familiar with Zoom and we are very grateful to [Sue Brimlow](#) for continuing to arrange two free virtual talks every month as well as Caroline Piper's tours which cost £5 each. This is a lot of work for Sue but it is not too late to let her know if you would like to be included in these groups. There is no obligation to attend any of the walks or talks but by joining you will receive all the relevant information. Do have a look at the schedule on page 4. Among other interesting things, there is a great opportunity to discover more about different facets of Tunbridge Wells. If you haven't tried Zoom yet but would like to, Sue or I would be happy to talk you through it.

Although the chances of our being able to arrange any events in the near future are slim, we are in the process of rescheduling events which have been cancelled. So, don't despair, as soon as events can be safely arranged, we shall let you know.

Meanwhile, stay safe and well.

[Eryll Fabian](#), Chairman, Tel: 01892 513805

www.tunbridgewellsu3a.org

COMING UP THIS MONTH

Virtual Talks

Thurs 3rd Sept 2.30

**John Arkell
Industry and Utilities in
Tunbridge Wells**

Thurs 17th Sept 2.30

**Fools Gold
Live Music show
with photos and stories**

Thurs 1st Oct 2.30

**Sue Brown Tunbridge
Wells in Literature**

Virtual Walks with Caroline Piper

Tues 8th Sept 2.00

**London on Film
Virtual Walking Tour**

Wed 23rd Sept 11.00

**British Art and Design
1750 to 1900 at the
V&A**

More details on p. 4

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HAVE YOU RENEWED YOUR SUBSCRIPTION YET?

Very many thanks to the hundreds of members, who have already set up direct debits, paid online or sent cheques. Due to the virus, cheques may not be paid in immediately but your subscription will have been renewed.

Are you one of the members who still have the renewal email or a letter in their 'to-do' pile? We would be grateful if you could either renew or let us know if you no longer wish to be a member, to save us sending you a renewal reminder.

If you have any problems with the renewal process, please contact **Ruth Johnson**, by [email](#) or phone 01892 523097.

Eryll Fabian, Chairman

CORONAVIRUS

Now that some restrictions are being relaxed, a few of our groups have begun to meet outside. National Office of the U3A has produced this helpful film, [Q&A: COVID-19 Guidance](#), about restarting groups during the pandemic which has been sent to Group Contacts and which you may be interested to watch. As you will see, Group Contacts/Leaders are asked to complete written risk assessments. If this has not been done, you should be aware that you may not be covered by the U3A's Public Liability insurance.

Eryll Fabian, Chairman

LOCAL INTEREST

HERITAGE OPEN DAYS

Heritage Open Days is England's largest festival of history and culture, bringing together over 2,000 organisations, 5,000 events and 40,000 volunteers. It was the brainwave of The Council of Europe and European Commission when they set up the Europe Heritage Days in 1991. Every year in September, places across the country especially those that are normally closed to the public throw open their doors to celebrate their heritage, community and history. It's your chance to see hidden places and try out new experiences and it's all FREE.

This year is the 26th Anniversary of Heritage Open Days, and the theme is Hidden Nature. Here is their website where you can search for places that are open by date, area or interest -

<https://www.heritageopendays.org.uk/>

And more locally -

<http://www.thecivicsociety.org/wsb3709452601/images/Heritage%20Open%20Days%20Leaflet%202020.pdf>

For those of you without internet access here is a taster of what is available, although further information does seem to be website based.

Georgian and Victorian Corn Milling in the Southborough Valley.

SHAAS Southborough Archaeology, Mill House Barn, Powder Mill Lane, Southborough, TN4 9EG

An opportunity to investigate an archaeological site. Powder Mill dig site is rarely open to the public. Originally part of a Norman deer park, this quiet rural field has seen iron and gunpowder manufacturing as well as corn milling, all controlled by extensive water management. See www.tunbridgewellsheritageopendays.org for details.

Hawkenbury Allotments

1 Halls Hole Road, Tunbridge Wells, TN2 4UA

Visitors will be taken on a guided walk of about 30 mins along one corner of this very large site to see allotment plots, our new bird-friendly hedge and seasonal produce everywhere. All outdoors, social distancing. See www.tunbridgewellsheritageopendays.org for details.

**Two Churches, Four Chapels and a Burial Ground
Tunbridge Wells**

Join David Wakefield and learn about the quality and number of spiritual buildings that adorn the town, as well as the divisions between the established churches and non-conformist chapels. See www.tunbridgewellsheritageopendays.org for details.

Grosvenor and Hilbert Park

Auckland Road, Tunbridge Wells TN1 2LN

Explore Grosvenor & Hilbert Park on a self-guided walk, using the Heritage Trail map and leaflet. Learn about the history, flora and fauna and spot the Waymark posts. Some steep slopes, and steps in the woods at the end of the boardwalk. See www.fogh.org.uk to download the map and leaflet.

**The Caring Professions, nurses, VADs and radiographers, exhibition and guided tour
K&S Cemetery Victorian Chapel, Benhall Mill Road, Tunbridge Wells, TN2 5JJ**

Guided tour outside around the cemetery to visit the graves

Saturday 19 September: 1400-1600 Tour 1430

Sunday 20 September: 1400-1600 Tour 14.30

UPCOMING VIRTUAL TALKS AND WALKS

Members of the 'walks' and the 'talks' groups automatically get details of each of the following. All the talks are free and we pay a £5pp fee per walk. To join either or both groups please contact Sue Brimlow by [email](#).

September 3rd	Talk	Industry and Utilities in Tunbridge Wells: John Arkell's talk uses photographs from the TW Museum to illustrate the water, gas and electric utilities that developed from the Victorian period to WWII and also covers other major industries in the town.
September 8 th	Walk	London on Film: Virtual Walking Tour In this virtual walking tour, we will explore London as a film set
September 17 th	Talk	Fools Gold will provide a Live Music show, performing well known songs and explaining some of the little known stories behind them. A unique mixture of live music and photographs.
September 23 rd	Walk	British Art and Design 1750 to 1900 at the V&A In this tour we will follow the development of British art and design from 1750 to 1900, exploring wonderfully recreated rooms from British houses and institutions.
October 1 st	Talk	Sue Brown has kindly agreed to repeat her fascinating talk on Tunbridge Wells in Literature – see report on p. 9.
October 7 th	Walk	Secret Gardens of London and the Royal Parks
October 15 th	Talk	Staff Nurse Emily Connell's Autograph Book. John Griffiths-Colby gave us a fascinating talk on Finding Sapper Clay, so we're intrigued about this talk.
October 20 th	Walk	Shakespeare's London

A company called Mirthy also run weekly free talks every Thursday that U3A members are welcome to join. Here is the link to their website for further details.

<https://mirthy.co.uk/talks/>

REPORTS

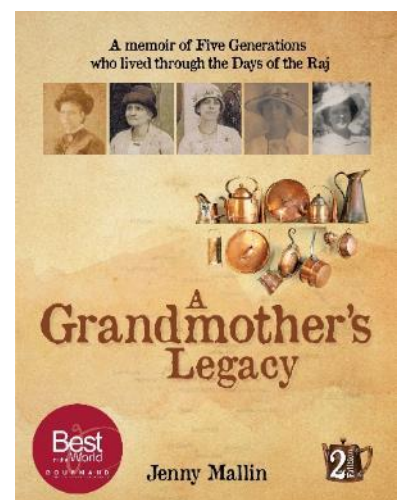
JULY'S VIRTUAL TALKS

A Grandmother's Legacy

Jenny Mallin 6th August

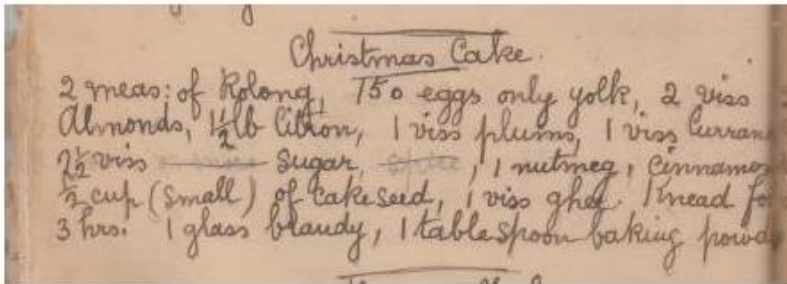
Jenny has found her life amazingly serendipitous. So often throughout her story she told us of strange coincidences that carried her forward with friendships and in her quest to track down her Indian ancestors.

In the 1700s the Hardy family were weavers in West Yorkshire. Benjamin Hardy joined the regiment of the East India company and went to India. He spent 4-5 months in Madras fighting in the Anglo - Mysore wars and stayed for 23 years. Many soldiers did this as the life in India was



A Baker's Dozen

On the subject of Christmas cakes, whilst conducting through social media my own research on the large quantities my grandmothers appeared to use for their cakes, I came across others who were able to share their own memories of the way their family prepared and baked their enormous batches of fruit cake. This all came about as a result of a post I sent out on my grandmother Irene's Christmas cake recipe where she describes her ingredients as 2 measures of rolong which was 16 ollocks in weight of semolina, 150 egg yolks, 2 viss of almonds (7lbs), 1 viss plums (3 ½ lbs), 2 ½ viss of sugar (7lbs) and so on with a painstaking 3 hours of kneading!



preferable to that at home and Benjamin's wife came to join him. In 1865, a descendant, Joseph Hardy set up an English- style school and he became part of Mysore university. He married a 15 year old called Wilhelmina and it was this 'grandmother' who started writing down recipes for her staff.

Miraculously, the recipe book was

passed down from mother to daughter for 6 generations until it came to Jenny. Jenny's parents met at the Bombay Yacht club and got married but when partition split India they came to England in 1954. They found the food very bland as spices were difficult to come by, but they did their best using the family recipes.



After the death of her father in 2010 Jenny started writing out and testing the 500 recipes. This was not easy as the quantities were often in unknown measuring units. She spent 4 years researching her family history using a hundred photos her mother gave her but unfortunately could not find anyone to publish the resulting book. However she did not give up, even after 300 rejections, and eventually self-published. She wanted to launch the book in India and luckily the Times of India (with a readership of 60 million) ran an article about her free talks across the country which meant they did not need to advertise. In 2017 the book won the 'Best in the World' Gourmand Cookbook Award. All that hard work had paid off.

Bridget Sands

A History of Cartoons – From Hogarth to Private Eye **Ian Keable 20th August**

Ian Keable gave us the polished and articulate talk that we have come to expect from him, accompanied by fascinating examples of cartoons during the last 400 years. The first image that could be considered a cartoon was 'Double Deliverance' by Samuel

Ward produced in 1621. The print depicts two instances of attempted Catholic takeovers of England — the defeat of the Spanish Armada in 1588 and the foiling of the Gunpowder Plot in 1605. The print was very popular but it stirred up resentment and Samuel Ward had to go into hiding for a while.

Hogarth started producing prints from 1720 onwards, such as the Rake's Progress and Gin Lane, which was one of his most famous prints, but the first satirical print was produced in 1756 by Lord Townshend. James Gillray (see his most famous print below) and George Cruikshank were the most well-known Georgian cartoonists, but Queen Victoria wasn't such an obvious target as her uncles, and the style fell out of fashion. The first edition of Punch was in 1841 and had many famous contributors, including Sir John Tenniel, also the illustrator of Lewis Carroll's Alice's Adventures in Wonderland series, John Leech, who illustrated some of Charles Dickens novels as did George Cruikshank.



Ian explained the ephemeral nature of many cartoons, which refer to topical events that are soon forgotten, but some still resonate through the years. Ian showed John Leech's cartoon of two ragged and poorly equipped soldiers in the Crimean War, with one saying they're going to get a medal for taking part and the other one responding that perhaps they'd get a jacket to pin it on. That strikes a chord for all the NHS workers who struggled to get adequate PPE.

Sue Brimlow

JULY'S VIRTUAL WALKS

Caroline Piper's Virtual tour of the East End of London

The street art of Shoreditch & Spitalfields 13th August

In recent years the area around Brick Lane has seen enormous change. The dilapidated streets are now home to many start up enterprises, restaurants and boutiques. Tourism has followed and rents are beginning to rise, pricing the local people out of the market.

We began our tour by following the arrival of the original immigrants and refugees. Starting with the Huguenot Protestants, the Ashkenazi Jews came next then the Irish navies, Italians and Bangladeshis. We saw how the shifting communities left something of themselves behind in the form of street signs, churches, mosques, synagogues, and cemeteries.

We paid a fleeting visit to John Wesley's simple chapel dating from the 1770s from which he preached opposite the original non-conformist graveyard at Bunhill Fields. We then moved on to the hugely impressive Red Brick building housing the Leysian Mission. It was started in 1886 by former pupils of the Leys School who were concerned by the social and housing conditions in the area.

On Fournier street we admired the Georgian silk weavers' houses, where the spinners earned such high wages they were persuaded not to marry, hence the term spinsters.

Next came a visit to the site of the Truman's Brewery founded around 1666. It finally closed its doors in 1989. In its heyday prostitutes lined the surrounding street on Friday nights waiting for the workers to exit with their weekly pay.



But the abiding images must be of the graffiti and street art which has so transformed the area. From the established murals on Rivington Street to the overnight paste-ups, every street seemed brighter for the vibrant images painted on the factory walls, the railway arches, tunnels, and derelict demolition sites.



Along with the art of the local community, artists of international repute displayed their work. We smiled at Stik's gentle child-like images of couples holding hands, were dazzled by the colourful heads created by Thierry Noir, stopped briefly by the yard of the Cargo Club to see Banksy's famous satirical image of a prison guard leading a

poodle and swept passed so many more to finally reflect on the topography of Ben Eime and his prophetic "Last Days of Shoreditch" adorning the wall of a now demolished building.

Caroline started this tour by expressing the view that Brick Lane and its surrounding areas was on the cusp of gentrification. As Coronavirus bites the question must be will the incomers sit out the recession or will the caravan move on leaving the dusty streets and cheap housing once again to the local artists, the markets and small ethnic shops, the crack addicts and the next wave of the dispossessed.

Sheila Casey

Photographs courtesy of Caroline Piper

Caroline Piper's Virtual tour of the Medieval and Renaissance Art and Design at the V&A 24th August

This was my second virtual tour with Caroline. Now I know what to expect, a lot of pictures and information which is all really interesting! Too many to mention here...

First of all, Caroline showed us a Roman ivory carving called the Symmachi panel (c400) and compared it with the ivory front cover of the Lorsch Gospels (c810). She pointed out that the bottom panel shows the Nativity in a rather grand Roman building, which I could have easily missed. The Gloucester Candlestick(1107-13), is a unique masterpiece of English metalwork and is in the top 20 objects to be seen in the museum.

Nottingham was famous for its Alabaster Carvings 1400-1500, one panel was part of an altarpiece depicting the story of Thomas Becket. This was the high point of English art and design which disappeared with the reformation and reappeared in the 17th Century with Christopher Wren. The Becket Casket (c1180), beautiful casket (possibly containing his arm) depicts the infamous event when Thomas Becket was murdered in Canterbury Cathedral by four knights.



The Devonshire Hunting Tapestries, also known as The Boar and Bear Hunt, 1425, 10 metres x 3 metres. Some of the colours are faded but you can see the details of boar hunting with greyhounds, the lady's ermine white coat and back to front letters by mistake. In lieu of the 10th Duke of Devonshire's death duty.

The Chellini Madonna by Donatello, 1450 a bronze relief birthing plate was found in

a stately home being used as an ash tray! Wolsey Angels, by Rovezzano 1524-29 was originally for Cardinal Wolsey's tomb but as he fell out of favour, they were to be used for Henry VIII's. However they became lost in history until two turned up for auction in 1994 and two were found on the gateposts of a golf club! They have lost their wings but are now reunited at the V&A.

In the end, we were shown the Burghley Nef (1527-28) which is a silver-gilt salt cellar made in Paris and rediscovered in the basement of Burghley House in 1956. The Nef would have been placed in front of the most important person at the table as a mark of their status. Apart from having an obvious ornamental quality, the function was to hold personal pieces of cutlery, salt or spices - there is a detachable compartment on the rear deck which was passed around the table. I wonder how this Nef ended up in the basement of Burghley House.....



All of the backstories are so interesting.

Yaeja Smith

Pictures courtesy of Caroline Piper by kind permission of the V&A museum

TUNBRIDGE WELLS IN LITERATURE

A virtual walk around the town's literary associations by Sue Brown who illustrated her talk with photos, drawings and, as Sue Brimlow said, 'Great quotes that made it really enjoyable'.

From its beginnings back in the 17th century Tunbridge Wells was a Fashionable Spa, it drew the rich and famous to visit and stay in its Lodging Houses and Hotels, to take the health-giving spa water, walk on the Pantiles, Parade or Walks as it has been called at various times, and essentially a place to be seen, rather like the Italian 'Passeggiata'.

Sue led us along Mount Ephraim to various lodging houses of the famous like Stone House, Mount Edgcombe Cottages and Mount Ephraim House built in 1660 and the first red brick building in Tunbridge Wells where Charles II, Samuel Pepys and John Evelyn came to mix with 'people of quality'.

The Wellington Hotel which overlooks the common and the Wellington rocks, was recalled by John Ruskin, and The Royal Kentish Hotel, now mansions, was a famous Lodging House where Nathaniel Hawthorne in 1856 spoke of a 'watering place with many pleasant walks'.



On the Pantiles were the Assembly Rooms, where 'Beau' Nash presided as Master of Ceremonies at the Wells (1735-1762) a place where 'fashionable people come to be seen at the balls, to flirt, and to be fleeced at the gambling tables'. The Corn Exchange was once Sarah Baker's theatre which straddled the boundary between Kent and Sussex, attracting actors and playwrights. The main attraction for all visitors was probably to visit the Chalybeate Spring and Bath Square so we can guess most of the famous writers have been there at some time and whether they wrote kindly as Betsy Sheridan in the 18th Century, 'I am pleased with this place', as she took the waters in idle relaxation, or like William Cobbett 'I got clear of the Wells and out of the contagion of



its Wen-engendered inhabitants!', or E M Forster who said it was a 'filthy self-righteous place' they had their opinions depending on their experiences!

Sue deftly led us around the town with its historical heritage of literary connections casually name-dropping so that we felt we had been interlopers at their lodgings and peeping over their shoulders. 'Disgusted of Tunbridge Wells' would have been impressed by the talk about the famous literary connections.

Mary Ollett

Editor' Note: For those who missed it, or would like to see it again, Sue Brown has kindly agreed to repeat this fascinating talk on 1st October. See p. 4.

Editor's note: A very big THANK YOU to all our new contributor's this month. I hope they inspire you to have a go yourself. So far, all these valiant volunteers are women! Now there's a challenge...

GROUP NEWS

GROUP CO-ORDINATOR'S UPDATE

The September Groups Listing is can be found via the link in the covering email with this newsletter. For those who receive a posted paper copy of the newsletter the listing should be included. Due to the current restrictions we do not feel the group diary is relevant and it has not been reproduced this time.

Once again, thank you to all the group contacts who have sent such positive observations about their varied ways of keeping in contact with each other. Here are a few of them:

The French Conversation group '*French 1*' restarted fairly early in lockdown by using Zoom. Group contact, Jenny Evans, reports. "Iain Hamilton usually finds us an article in French which we then email to all the group. On our normal meeting day we join our Zoom meeting so that we can translate the article and discuss the subject in French. There is also always a short time at the end to exchange news."

Glyn Balmer commented that the *Italian Conversation* group is meeting in small groups in each other's gardens, whilst the *Improvers Spanish* group have kept going by meeting up each week on Zoom. Carolyn Clifton wrote to say that *Spanish Conversation 1* have talked on Skpe and will try to meet in person in early September.

Carol Boyd commented that the Latin group has met on Zoom and more recently in person whilst she says that the Bus & Train Explorers have not met for their usual outings but have seen each other in small gatherings

Angus Stewart reports that *Family History 1* has been meeting on Zoom, as have *Current Affairs*, *Wine Appreciation Group 2* and *London Explorers 6*. Laurel Soden has reported that London Explorers 3 has recently changed its name to *Local Explorers* with a view to exploring places closer to home, and they have already visited Teston Country Park.

Three of the Pub Lunch groups have dropped the word Pub from their names and are now *Lunch Group 1, 2 and 3*. Their members are keeping in touch with each other and *Lunch Group 3* plans to meet for lunch in mid September. The *Breakfast Brunchers*, *Out and About Weekenders* and *MOTO* are meeting up in small groups, whilst the *Film* group are meeting on Zoom and outside in small groups.

The walking groups have found it easier to get out and about. *Walk on the Wildside*, *Amblers*, *5 Milers*, *Stride Out Walkers* and *10 Mile Walkers* have all been meeting for walks. *Meanderers* have met socially but *Wealden Walkers* have paused their U3A group walks.

Sue Brown (*Local History Walks*) recently took us on a fascinating Zoom walk around Tunbridge Wells focusing on some of the literary visitors and mentions TW has earned! If you would like to find out more about the *Zoom Walks and Talks* please contact Sue Brimlow.

Susan Bareham has taken over as contact for the *Crochet* group and Erik Brown, editor of the *4 Season Birding* group's facebook page is now also group contact. Both groups have been able to meet up in person.

For various reasons the *Patchwork*, *Beginners Spanish 2*, *Ten Pin Bowling* and "Designing the Future" Discussion have paused or closed their groups.

Lindsay Hasell

GROUP REPORTS

London Explorers 3

We are now 'Local Explorers'. A very happy (if hot!) meeting with our group in Teston Park. We have plans for September and October-weather permitting.



Laurel Soden

BUS & TRAIN EXPLORERS



Here's a photo of members of the Bus & Train Explorers meeting for lunch at Trinity in August. It was taken by Tricia Anderson. We plan to do it again in September, weather permitting.

Carol Boyd

POETRY GROUP

The Poetry group has been holding Zoom meetings every month since March. Zoom works well for a small group and we have had some very interesting discussions.

Recent topics such as American Poets, The Sea, W.B. Yeats and just this week BAME poets have been interesting to research and provided much food for thought.

We would have liked to have shared a short poem by the American, Langston Hughes, written in 1926, and still very apt in 2020, but unfortunately copyright wouldn't allow it. If you are interested please do look it up.

Elaine Royal

AND ALSO...

COLIN'S QUICK QUIZ

September 8th is International Literacy Day. It raises awareness and concern for literacy problems that exist within our own local communities as well as globally. So in recognition of all the delights there are for those of us lucky enough to have benefitted from a basic education, here is a literary quiz. **Answers on the next page.**

1. Gandhi carried whose essay "Civil Disobedience" whilst in prison?
2. What literary character had a little sister called Phoebe, wore a red hunting cap and was expelled from school?
3. Helen Fielding wrote whose best selling diary?
4. What 1974 Robert M. Pirsig novel explores a 17 day motorcycle journey across the USA?
5. Who wrote "Interview with a Vampire"?
6. Who wrote "Mary Poppins"?
7. Who wrote "The Song of Hiawatha" in 1855?
8. Who made the One Ring in "Lord of the Rings"?

9. Elizabeth Bennet appears in which novel?
10. What was the surname of the little women in the book of that title?

THE TEA TEAM ARE OUT & ABOUT AGAIN

The tea ladies had another most enjoyable afternoon, this time on Rusthall Common. In spite of thundery showers forecast, we were blessed with beautiful bright sunshine. After walking through a very wealthy part of Rusthall (how the other half lives and where Davina McCall is having a mansion built!) we walked through, over and round the Common. It is so beautiful, not an area that I'd explored before. There is a lovely rocky outcrop similar to the



Wellington Rocks, a wonderful view towards Sussex and there were plenty of blackberries to snack on! Unfortunately, The Beacon was closed so we couldn't have any refreshment but it was so pleasant to just walk and chat in such a lovely environment.

Stella Westrup



Answers	
1. Henry David Thoreau	9. Pride and Prejudice
3. Bridget Jones Diary	5. Anne Rice
6. P. L. Travers	10. March
2. Holden Caulfield (Catcher in the Rye)	7. Longfellow
4. Zen and the art of motorcycle maintenance	8. Lord Sauron

USEFUL INFORMATION

FORTHCOMING EVENTS FOR YOUR DIARY

Owing to the pandemic, all events have been cancelled for the time being. They will resume as soon they can be arranged safely within government guidelines.

To be rescheduled	BBQ at the Nevill Golf Club
To be rescheduled	Afternoon tea and Board Games
To be rescheduled	Quiz Night
To be rescheduled	Barn Dance
To be rescheduled	Hop Picking in Kent Seminar
Not likely this year	U3A Christmas Lunch – by ticket

NEW MEMBERS

We are very happy to welcome **Stuart Law** and **Angela Wesson** to TW U3A this month.

YOUR COMMITTEE

Chairman	Eryll Fabian	01892 513805
Vice Chairman	Adrian Twiner	01892 459352
Secretary	Fiona Findlay	07872 169146
Treasurer	David Brimlow	01892 860598
Membership Secretary	Ruth Johnson	01892 523097
Short Breaks/Holidays Co-ordinator	Sandra McDonald	01892 752196
Groups Co-ordinator	Lindsay Hasell	01892 673180
Outings Co-ordinator	Joan Young	01892 546687
Study Day/Seminar Co-ordinator	Jean Brushfield	01892 520630
Newsletter Editor	Bridget Sands	01892 546161

Message from the Editor

Any publication is as good as its contributors and I do hope you will continue to support the Newsletter as it is such an easy and effective way to communicate with you all. If you have a great idea for an article or there is anything interesting you would like to see in the newsletter in the future please let me know.

If anyone objects to their photo being reproduced in this Newsletter, please contact me as soon as possible.

All contributions to the **October** Newsletter should be e-mailed to **Bridget** by 30th September at the latest (**earlier submissions are always welcome!**) or phone 01892 546161.



National Office



As mentioned in the July Newsletter, the Third Age Trust AGM will be held online on 29th September 2020. All members are eligible to attend and normally there is a charge. As it will be online, however, this year's event will be free. Further information is available on the National Office website www.u3a.org.uk.

National Office's Newsletter is full of interesting information. You can sign up [here](#) to receive regular email copies. The Trust's mailing address is:

The Third Age Trust, Room 104, Lenta Business Centre, 156 Blackfriars Rd,
London SE1 8EN